

The rapidly increasing number of people suffering from electrical hypersensitivity (EHS), multiple chemical sensitivity (MCS) or chronic fatigue (CFS) indicates that something is definitely going wrong in modern society. These conditions are indeed reactions of the body indicating that “things” are getting too much:

*excessive electromagnetic radiation, too many applications of wireless technology, chemical additives to food as well as chemical components and agents used in and on clothing, and so on.*

Still, most of us do not know or understand why all of a sudden they are affected by allergies, tinnitus (ringing ears), disturbances of equilibrium, eye diseases, chronic fatigue, headaches, sleeping disorders, burn out, or heart rhythm disorders, or why they find themselves becoming irritable. Increased risks for these problems have been found to exist in children and the elderly.

Modern science only accepts hard evidence. Too often only the symptoms are alleviated and the actual cause is overlooked or unknown. However, epidemiologists and so-called building biologists know better and can provide help!

Beekeepers sound the alarm: entire bee populations are disappearing. The multitude of GSM & UMTS transmitters disturbs the sense of direction of the bees. Pigeon flyers are losing remarkable numbers of young pigeons too.



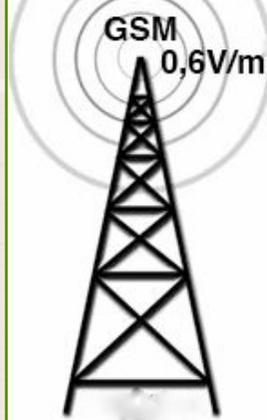
## The precautionary principle

(1992 Maastricht Treaty)

As the consequences to health of long-term exposure to low levels of radiation remain insufficiently studied, the benefit of the doubt should be given to our health, and not to technology and its convenience ! High time for the precautionary principle !

The arrival of GSM technology in 1984 and subsequent epidemiological studies performed in the U.S. led Dr. George Carlo to express his concern about adverse health effects on humans and animals in 1999 already. So far, these concerns have been systematically disregarded by mobile phone operators and the industry in general. Just as was the case with asbestos, which also proved to be extremely harmful to health afterwards.

A Healthier Standard !



The current draft standard for exposure to radiation in Flanders is based on 3 V/m per antenna, with a max. total value of 20.6 V/m. But up to 16 antennas or more may be mounted on a single mast. This exceeds by far the value of 0.6 V/m (or 1,000  $\mu\text{W}/\text{m}^2$ ) recommended by epidemiologists and building biologists.

For info see: [www.stralingsarmvlaanderen.org](http://www.stralingsarmvlaanderen.org)

[www.beperkdestraling.org](http://www.beperkdestraling.org) [www.teslabel.be](http://www.teslabel.be)

[www.stichtingehs.nl](http://www.stichtingehs.nl) [www.stopumts.nl](http://www.stopumts.nl)

[www.clag.be](http://www.clag.be) [www.iemfa.org](http://www.iemfa.org) [www.next-up.org](http://www.next-up.org)

[www.bioinitiative.org](http://www.bioinitiative.org) [www.magdahavas.com](http://www.magdahavas.com)

## ARE YOU ALSO SUFFERING FROM

**SLEEPING DISORDERS, LETHARGY, CHRONIC FATIGUE, EYE DISEASES, ALLERGIES, HEADACHES, RINGING EARS, MUSCLE PAIN, CARDIAC ARRHYTHMIA, INCREASED STRESS LEVELS, SWOLLEN MUCOUS MEMBRANES?**



GSM & UMTS transmitter in false chimney stack and church towers



DECT



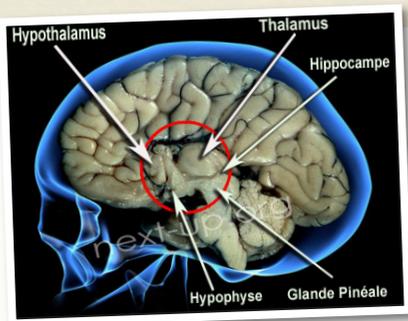
wireless internet



GSM - UMTS- WLAN - WIFI  
DECT - BLUETOOTH - TETRA  
C2000- A.S.T.R.I.D. - WIMAX

Modern society is interlaced and interconnected by innumerable applications of wireless technology, that make use of pulsed high frequency radiation. What we need to do is use these technologies responsibly and make sure that we are not continuously exposed to this radiation. As the body restores itself during sleep, good quality sleep is an absolute requirement for preventing health problems.

source: [www.maes.de](http://www.maes.de) building biologist



All current standards concerning high frequency radiation – in this case pulsed microwave radiation – that are supposed to protect us, do so insufficiently. This is because all agencies involved follow the guidelines drawn up by the World Health Organization (WHO), which are solely based on thermal effects (heating), while negative non-thermal effects have also been found. The latter occur at radiation levels far below the current limits. The same WHO that played down the asbestos problem last century, is once again trying to mislead us telling that there is no problem. Meanwhile it has become widely known that asbestos has made millions of victims and that even today thousands of people are dying from asbestosis.

**Pulsed micro wave radiation is the asbestos of the 21st century** and – as was the case with asbestos – the harmful consequences have a long latency period! When the harmful consequences become apparent it is too late: the damage has already been done and the immune system will already have been affected.

The significant increase of allergies, eye diseases, sleeping problems, ADHD, Parkinson's disease, MCS, suicide attempts, spontaneous abortions in animals, and so on – that are not explained by contemporary medicine – have moved a large number of physicians worldwide to express their concern in a number of collective appeals to policy makers. F.e. the Brussels, Freiburger, Naila, Bamberger and Helsinki appeals, the Selbitz study, the appeals made by Flemish pediatricians and by lots of physicians and specialists.

Recently the authorities declared that living near high-voltage lines affects human health. It is high time to admit openly that pulsed microwave radiation is unhealthy and harmful and to communicate it as such towards the public!

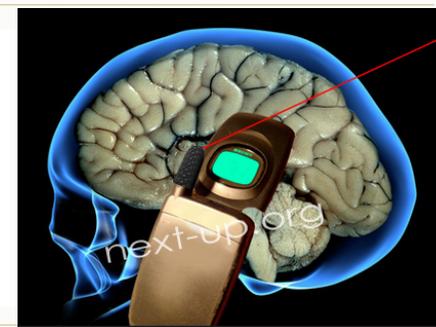
## HOW RESPONSIBLE AND SAFE IS YOUR OWN USE OF WIRELESS TECHNOLOGY?

Our modern world is literally filled with wireless communication equipment and technology, a lot of which we do not have control over. That is exactly why it is so important that you use the **wireless technology** you do have control over with careful consideration and why you should **replace it by fixed line** technology to the extent possible!

### GSM HANDSET HELD AGAINST HEAD

**UP TO 80,000,000X TOO MUCH RADIATION**

The maximum Specific Absorbed Radiation level (SAR value) permitted for mobile phones in Europe is 2 W. As it has been shown that young people (under 16) absorb more energy during a mobile phone conversation, which results in a greatly increased brain tumor risk, they should not be allowed to use a mobile phone. *Definitely avoid conversations lasting more than 5 minutes!*



### WIRELESS INTERNET IN YOUR LAPTOP

**UP TO 1,000,000X TOO MUCH RADIATION**

In many homes the Wi-Fi or WLAN system is continuously on, blasting out radiation and affecting our and the neighbors' environment. If you want to make use of these systems, do it in a considered way and do not keep the system active longer than absolutely necessary. **Definitely switch it off at night. A wired PC network (using STP or UTP wiring) is preferable by far.**



*Wireless router for computers en laptops*



### DECT-PHONE OP 3 METERS

**UP TO 4000X TOO MUCH RADIATION**

In almost every home and office several DECT phones and Bluetooth applications are used. These continuously send harmful radiation into our living environment. **Use only ECO DECT plus equipment.**

**If you need to be on the phone longer than five minutes, use your fixed line phone.**



*Cordless phones for indoor use*